The Medway Integrated Locality Review (ILR) Team is a multi-disciplinary team of specialists set up as part of the Medway Local Plan. The service is aimed at improving the health and wellbeing of the individual by creating a joint holistic individualised care plan, anticipating crisis situations and keeping patients in the community and avoiding them being admitted to hospital.

At the ILR meetings, we assess the patients’ needs and make decisions on the day about social, personal, psychological care and perform medication reviews.

Our multidisciplinary team consists of highly skilled professionals:

* A Hospital Consultant Geriatrician
* Clinical Pharmacist
* Social care
* Wellbeing Navigation (IMAGO)
* Mental health services
* Advanced Community Practitioner
* A GP with special interest in Frailty

Other partners such as Telecare, Turning Point, SECAMB, Kent Fire and Rescue Service and MHS Homes may attend if needed for the assessment.

Referrals to the ILR are welcomed via an SBAR form completed by a GP or other health and social care providers. The access criteria is:

* Over 18
* Three or more long term conditions or complex needs.
* 10 or more medications.
* Frailty.

In Medway there are 3 meetings a week – 1 for each locality. Due to COVID-19 these are now held virtually via TEAMs as follows:

* Tuesday: Rainham/Gillingham Locality (2pm-5pm)
* Wednesday: Chatham/Lordswood Locality (2pm-5pm)
* Thursday: Rochester/Strood/Penninsula Locality (1.30pm-4.30pm)

For more information please contact the ILR Co-Ordinators via email [MEDCH.ILR@nhs.net](mailto:MEDCH.ILR@nhs.net)