

# Primary Care News



September 2022

Welcome to your Primary Care newsletter published by the *Kent & Medway Primary Care Training Hub*.

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## New to Practice Programme

The Kent and Medway Primary Care Training Hub invites Primary Care **GPs, Practice Nurses, Clinical Pharmacists, Mental Health Practitioners** and **Nursing Associates (NAs)** starting their career in Primary Care to apply for the [New to Practice Programme \(NTPP\)](#).

Closing date for enrolment extended to: **15<sup>th</sup> September 2022**.

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## GPN Conference: A Celebration of Practice Nurses

[Book your place](#) on the coming GPN

Conference, Friday 16<sup>th</sup> September – 9am to 4.30pm at Ashford International Hotel with a full and exciting [agenda](#) targeting topics relevant to GPNs and different award areas.



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## Attention Practice Managers: Nominate Your Outstanding Nurses

Awards Nominations for the [GPN Conference](#):

To celebrate the hard work and dedication of General Practice Nurses (GPNs) we would like to invite you to nominate either yourself or a colleague who you feel has demonstrated above and beyond in one of 5 categories. The winners will receive their awards at the GPN Conference.

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## Present a Poster to Celebrate your Contribution as a GPN

The Kent & Medway PCTH is inviting nurses to [create and present a poster](#) to celebrate their contribution as a General Practice Nurse (GPN) working in practice.

Posters will be displayed and awarded at the **GNP Conference** on the 16<sup>th</sup> of September.

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## Peer Mentoring: It's for anyone working in Primary Care

Peer mentoring is a free and confidential service that allows mentees – anyone working in Primary Care, at any stage of their career - to address professional concerns, to reflect on challenges and supports personal and professional development.

Contact [Caroline Wells](#) for more information.

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## Clinical Notes Summarising in Primary Care

This is a half-day practical and interactive workshop delivered on Teams, designed specifically for summarisers within primary care to enable them to understand the purpose and significance of summarising both new patient records and incoming correspondence.

Only 15 places available. 29 September – 1pm-4.30pm.

[Book your place.](#)

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## Spirometry Training

Online sessions available from September:

- Spirometry Performance: 9<sup>th</sup> Nov / 8<sup>th</sup> Feb (7 spaces left).
- Spirometry Interpretation Training (5 dates available)

Find out [more information and how to book.](#)

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## Dermatology webinar

Fontus Health have organised a Dermatology webinar for HCPs on the **8<sup>th</sup> September at 7.30pm** with Dr George Moncrieff discussing "The Critical Therapeutic Role of Emollients in the Management of Dry Skin Conditions". [Book here.](#)

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## General Practice Assistant (GPA)

GP Assistants support doctors in the smooth running of their surgery by handling the routine administration and some basic clinical duties, enabling the GP to focus on the patient.

Find out more about the [GPA programme](#), funded by HEE and register your expression of interest to [kmpcth@nhs.net](mailto:kmpcth@nhs.net)

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## Diabetes Update Day

This **Diabetes Update Day** is sponsored by Sanofi on **Wednesday 28<sup>th</sup> September at Ashford International Hotel** (8.30am-4.30pm). The aim of the whole-day event is to provide Primary Care workforce with continued education and to support day-to-day management of diabetes in Primary Care environment. [Book your place](#) to attend the Diabetes Update Day.

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## Apprenticeships in Primary Care

An Apprenticeship is on-the-job training that leads to national and international recognised qualifications ranging from Level 2 (GCSE-equivalent) to Level 7 (Masters-equivalent) and open to ages 16 and over.



Apprenticeships in Primary Care broaden the scope of training and developing for existing staff, whilst attracting new members of staff to improve diversity and bridging gaps in the workforce. They provide a future pipeline for clinical and non-clinical roles, simplify career progression, counteract an ageing workforce and provide a life blood to Primary Care workforce. Apprenticeship qualifications are available in a wide range of areas and levels in the Health and Social Care sectors including nursing, healthcare support, business administration, advanced clinical practitioner, team leading, HR, IT just to name a few.

Please refer to the [HASO website](#) for more Health and social care related apprenticeship standard HASO.

Contact us on [kmpcth@nhs.net](mailto:kmpcth@nhs.net)

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## Focus on: Pharmacy Services Assistant Level 2



The [Pharmacy Services Assistant \(PSA\)](#) works under the supervision of the Pharmacy technician, Pharmacist, or senior healthcare professionals. The role includes supporting the supply, preparation and assembly of medicines and products to patients and other healthcare professionals.

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## Functional Skills

[Functional Skills English and Maths](#) are requested to start an apprenticeship or to progress in many position; they provide people of all education levels with accessible skills to improve reading, writing and communications, allow a better understanding of numbers and mathematical concepts, and are one of the most popular qualifications taken by adult learners.

## Interested in Apprenticeships?

Find out how to set up and use an [Apprenticeship Service Account](#)

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## Simulation Training for PLT

### Events

[Simulation training](#) recreates emergency situations that can happen in Primary Care settings and helps prepare clinical and non-clinical staff prepare and react as a team with speed and efficiency.



To enquire for more information or to book for your next PLT, please contact: Jane Roome HEE KSS GP Fellow - [jane.roome@nhs.net](mailto:jane.roome@nhs.net)

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## Cancer Awareness – Healthcare Workers within Mental Health

This is a 2-hour virtual session organised by Macmillan, that will cover such topics as cancer

prevention and screening, cancer red flags, communicating with people with cancer, etc.

Save the date – **5<sup>th</sup> of October**, either 9.30am-11.30am or 2pm-4pm – and [book your place](#).

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## Want to develop in your Career? Become a Simulation Facilitator

The training is designed for any Clinical staff working in Primary Care and with a strong interest in education. Being a [Simulation Trainer](#) is a great way of enhancing one's career portfolio but most of all, it's mentally rewarding and incredibly fun!

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## Safeguarding Briefing

This [SAR briefing](#) is for all clinical staff in primary care; it identifies three areas of learning from SARs undertaken and now published on the Kent & Medway Safeguarding Adults Board website. Ideally the recommendations should be discussed at your internal safeguarding meeting, with members reflecting on how they meet / will meet the recommendations.



There are resources linked into the briefing, should you require any advice or support to meet those recommendations please contact your HCP's Designated Nurse for Adult Safeguarding."

East Kent – Lisa Lane [lisa.lane@nhs.net](mailto:lisa.lane@nhs.net)

Medway & Swale - Zoe Baird [zoe.baird@nhs.net](mailto:zoe.baird@nhs.net)

DGS & WK – Tracey Creaton [tracey.creaton@nhs.net](mailto:tracey.creaton@nhs.net)

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## Understanding the Link between Domestic Abuse and Suicide

Please see attached a [briefing paper](#) prepared for frontline practitioners by the Kent and Medway Suicide Prevention Team. The guidance highlights key findings from local research and the link between Domestic Abuse and Suicide offering key guidance and insights into implications for practice.

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## TNA Thursday is back!

TNA Thursday is back! Please see the [flyer](#) for further details with some focused sessions for employers considering or who have staff

starting staff on the Foundation Degree Nursing Associate programme. These sessions are on a drop-in basis so feel free to come along if you have any queries large and small. Joining link is in the poster.



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## Handling Difficult Situations with Compassion

HS England is pleased to announce the extension of a national training programme – [“Handling difficult situations – Caring for yourself and others with compassion”](#).

This training course is being offered to all frontline, patient facing NHS colleagues, and aims to teach colleagues the skills and techniques to handle difficult situations with compassion, including using appropriate communication techniques and active listening skills, whilst focussing on how to keep yourself safe and seek support if you feel affected by a situation

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## Congratulations, Marianne!



We would like to Congratulate Marianne Hamlyn, Practice Nurse from The Grange Practice, Ramsgate on successfully completing the [Professional Nurse Advocate pathway](#). Marianne’s completed academic poster can be seen at the General Practice Nurse Conference at the Ashford International Hotel, Friday 16<sup>th</sup> September.

Marianne is very much looking forward to working closely with fellow successful PNA nursing staff within Primary Care to promote and implement this invaluable role. Well done, Marianne!

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## Desk-Based Yoga – Weekly Session

Join us [every Tuesday at 1pm](#) for a well-deserved 10min stretch and move session with Jane Taylor.

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## Positive Behaviour Support Awareness and Course

Positive Behaviour Support (PBS) is designed to improve the quality of life of individuals and those around them. PBS is a proactive, preventative and evidence-based approach to support people. Find out more about [the course and dates available](#) to register.

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## What is in-work poverty?

In-work poverty is when a person's income, after housing costs, is less than 60% of the national average, meaning that they may be unable to make ends meet or cover their essential living costs. In the UK, this already affects 1 in 8 workers, however, it is predicted that this number will increase due to the rising costs of living expected during 2022-23.

While we know that pay is important, the factors leading to in-work poverty, or the pressure many of our colleagues are facing from rising costs, are linked to household income and overall expenditure. For further support and information, please visit the NHS Employers website [NHS Employers In Work Poverty](#).

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## Wellbeing Support for Primary Care Staff

If you work in a general practice, community pharmacy, dentistry or optometry setting, you can access a wealth of services to support [your mental health and wellbeing](#).

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## #AskAboutAsthma 2022 Webinars

[Ask The Expert webinar \(Monday 12 September: 12.30 – 13.30\)](#)

[Pharmacy webinar \(Tuesday 13 September: 19.30 – 20.30\)](#)

[Nurses webinar \(Thursday 15 September 12:00 – 13:00\)](#)

[Primary care webinar \(Friday 16 September: 12.30 – 13.30\)](#)

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**Contact the Training Hub:**

Contact the Kent & Medway Primary Care Training Hub at [kmpcth@nhs.net](mailto:kmpcth@nhs.net)

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The deadline to submit news and updates is the **last day of each month**.

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